

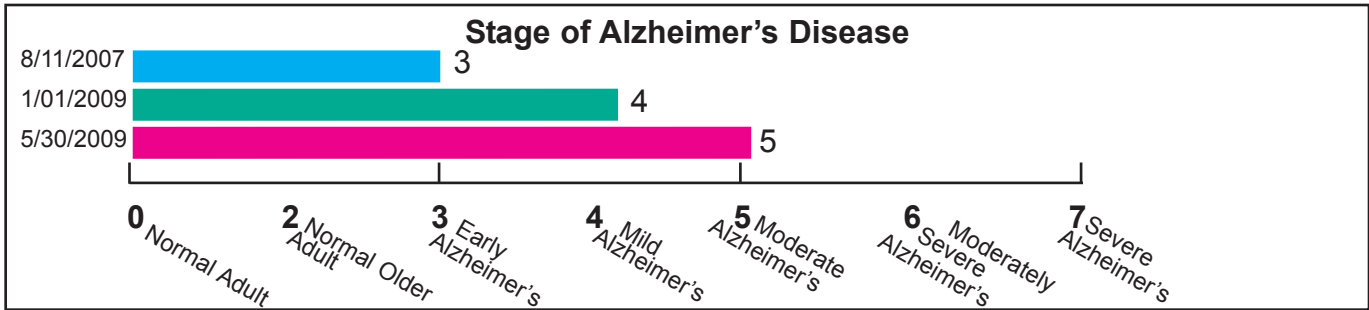
FAST

Functional Assessment Staging Scale



Name:
 ID: 12345678
 Date: 5/12/2009 12:12:38 PM STAGE Score = 5

Patient
 Gender: Female Age: 43
 Person answering: Caregiver



ITEM

RESPONSE

Stage 1 No cognitive decline

✦No subjective complaints of memory deficit. No memory deficit evident on clinical interviews. Occasionally

Stage 2 (Forgetfulness) Very mild cognitive decline. Subjective complaints of memory deficit, most frequently in the following area:

✦Forgetting where one has placed familiar objects; Occasionally
 ✦Forgetting names one formerly knew well. More Frequently

Stage 3 (Early Confusional) Mild cognitive decline. Earliest clear-cut deficits. Manifestations in more than one of the following areas:

✦Patient may have gotten lost when traveling to an unfamiliar location; More Frequently
 ✦Co-workers become aware of patient's relatively low performance; More Frequently
 ✦Word and name finding deficit becomes evident to intimates; Always
 ✦Patient may read a passage of a book and retain relatively little material; Always
 ✦Patient may demonstrate decreased facility in remembering names upon introduction to new people; Always
 ✦Patient may have lost or misplaced an object of value; More Frequently
 ✦Concentration deficit may be evident on clinical testing. Always

Stage 4 (Late Confusional) Moderate cognitive decline. Clear-cut deficit on careful clinical interview.

✦Decreased knowledge of current and recent events; Frequently
 ✦May exhibit some deficit in memory of one's personal history; Frequently no deficit in the following areas:
 ✦Concentration deficit elicited on serial subtractions; Orientation to time and person; More Frequently
 ✦Decreased ability to travel, handle finances, etc. Recognition of familiar persons and faces; Always
Ability to travel to familiar locations. Always

Stage 5 (Early Dementia) Moderately severe cognitive decline. Patient can no longer survive without some assistance.

✦Patient is unable during interview to recall a major relevant aspect of their current lives, Occasionally
 ✦Frequently some disorientation to time (date, day of week, season, etc.) or to place. Frequently

Stage 6 (Middle Dementia) Severe cognitive decline. Improperly putting on clothes without assistance or cueing*

✦Unable to bathe properly (e.g. difficulty adjusting bath water temperature)* Never
 ✦Unable to handle mechanics of toileting Never
 (e.g. forgets to flush the toilet, does not wipe properly or properly dispose of toilet tissue)*
 ✦Urinary incontinence* Never
 ✦Fecal incontinence Never

Stage 7 (Late Dementia) Very severe cognitive decline. All verbal abilities are lost.

✦Speech ability is limited to the use of a single intelligible word in a normal interaction. Repetitive actions* Never
 ✦Ambulatory ability is lost (cannot walk without personal assistance) Never
 ✦Cannot sit up without assistance* Never
 ✦Individual falls over if no lateral arm rests on chair* Limited ability to speak less than 6 intelligible different words in an average day or interview*
 ✦Loss of ability to smile* Never
 ✦Loss of ability to hold up head independently* Never

Suggest Response Scale 1. Never, 2. Rarely, 3. Occasionally, 4. More Frequently 5. Always

FAST Scale Stage

1. Normal adult	No functional decline
2. Normal older adult	Personal awareness of some functional decline
3. Early Alzheimer's disease	Noticeable deficits in demanding job situation
4. Mild Alzheimer's	Requires assistance in complicated tasks such as handling finances
5. Moderate Alzheimer's	Requires assistance in choosing proper attire
6. Moderately Severe Alzheimer's	Requires assistance in dressing, bathing, and toileting. Has urinary and fecal incontinence
7. Severe Alzheimer's	Speech ability declines to about a half-dozen intelligible words. Progressive loss of abilities to walk, sit up, smile, and hold head up.

At the New York University Medical Center's Aging and Dementia Center, Barry Reisberg, M.D. and colleagues have developed the Functional Assessment Staging (FAST) scale, which allows professionals and caregivers to chart the decline of people with Alzheimer's disease.