

# Practical Mental-Health Assessment in Primary Care

Reimbursable with 96101 and 96103 CPT codes

The Quick PsychoDiagnostics (QPD) Panel, an automated mental health test, is designed to meet the special needs of PCPs. The test screens for common psychiatric disorders and requires no physician time to administer or score.

Three-page real-time report



Patients self-assess this DSM-IV tool in 6.2 minutes on average.

## The Lab Report

provides in and out-of-range numerical scores that measure severity of a patients' symptoms.

Validated against the SCID structured psychiatric interview.

**Sensitivity and specificity are excellent.** Research results for major depression' sensitivity and specificity were 81% and 96%, respectively.

For other disorders, sensitivities ranged from 69% to 98%, and specificities ranged from 90% to 97%.

Trended Depression and Anxiety Graphs signal significant scores.

Physicians may be off-site and also qualify for CPT 96101 and 96103.

Population reports online.  
Feeds the EMR.

### Shedler QPD Panel (v7.0)

www.digitaldiagnostics.com 800.559.9885



Name: \_\_\_\_\_  
ID: 333333333333  
Date: 10/27/2006 6:23:46 PM

Sex: Male  
Age: 34

#### Diagnostic Report

Test	Results		Reference Range
	within range	out of range	
Depression		15	0 - 10
Anxiety		16	0 - 10
Panic Disorder		15	0 - 8
PTSD		5	0 - 2
Bulimia	4		0 - 4
Alcohol / Substance Abuse		11	0 - 2
Somatization		9	0 - 11

#### Notes:

- Patient appears to meet criteria for Dysthymic Disorder (300.4)
- Clinically significant anxiety secondary to depression
- Patient appears to meet criteria for Panic Disorder (300.01)
- Likely Posttraumatic Stress Disorder
- Likely alcohol or substance abuse
- **Recent physical or sexual abuse**

Due to the comprehensiveness of the QPD, the system works as a psychological triage or treatment monitoring tool

## Procedure



1. Patients self-administer tests in the hand-held tablet
2. A small communication base sends data, HIPAA-compliant, via web to compile results in minutes
3. Physician receives "Lab Report"
  - Patient's ID, data, sex, age
  - Diagnostic report and tended graphs
  - Symptom list leading to the diagnosis
4. Collaboratively agree on treatment options

### Standardized Real-time Report Assessments

Zung Anxiety	Adolescent Health Screens
Qswestry Neck & Back pain	Rand SF36
Sleep Disorders	PHQ-9 depression
DIMS Diabetes	PHQ-15 pain/somatization
DUKE-intake	