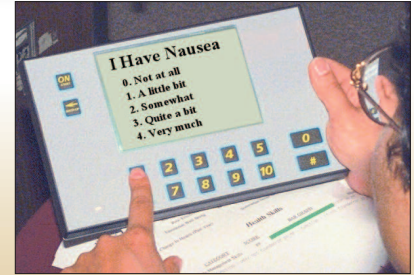


# Implementing Navigator's Cancer-Survivorship Program - Quickly and Cost Effectively!

Navigators make sure that patients receive the most appropriate care, avoiding unnecessary costs due to mismatch of specialist and the medical problem.

Patients self-assess with electronic interviews assisting navigators' patients for better health outcomes and at the same time making healthcare much more effective.

Real-time FACIT Cancer Assessment Lab-report with identified concerns



Patients select visit then self-assess for instant reports.

TABLET'S SCREEN (PATIENT'S INTRO TEXT: )

This questionnaire asks for your concerns and experience. Your answers will help us individualize your care, identify, and address any concerns.

Please select the appropriate visit:

1. Initial visit: Tell us more about your initial concerns, diagnosis, proposed treatment plan, and preferred referrals
2. Post-operative visit: How you are doing with chemo therapy and side-effects
3. You have completed your treatment, let's get you strong and better
4. After about three months, and on maintenances doing therapy

PATIENT SELECTS CANCER TYPE

Post-operative visit

My cancer diagnosis:

1. Breast  
Patient answers FACT-B includes FBSI subscales) + PHQ-9
2. Colorectal  
Patient answers FACT C includes FCSI subscales) + PHQ-9
3. Lung  
Patient answers FACT L includes FLSI subscales) + PHQ-9

Please identify your concerns:

(Patient selects items of concern from a list. Real-time report includes all items and bolds those of concern for patients, caregivers, providers and navigators)

## Survivorship Program - Post operative Visit

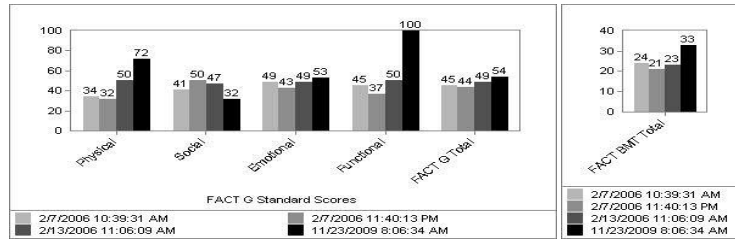
How you are doing with chemo therapy and side effects

### FACT-BMT Functional Assessment

Bone Marrow Transplantation - Quality of Life

Dupont Linhoff Patient Assessments

Name: \_\_\_\_\_  
ID: \_\_\_\_\_  
Date: \_\_\_\_\_



### FACT Raw Answers

#### Physical Well-Being (Raw Score = 24)

- I have a lack of energy
- I have nausea
- I have trouble meeting the needs of family
- I have pain
- I am bothered by side effects of treatment
- I feel ill
- I am forced to spend time in bed

#### Social/Family Well-Being (Raw Score = 5)

- I feel close to my friends
- I get emotional support from my family
- I get support from my friends
- My family has accepted my illness
- Satisfied with family communication
- I feel close to my partner
- I am satisfied with my sex life

#### Emotional Well-Being (Raw Score = 15)

- I feel sad
- I am satisfied with how I'm coping
- I am losing hope in fight against my illness
- I feel nervous
- I worry about dying
- I worry that my condition will get worse

#### Functional Well-Being (Raw Score = 28)

- I am able to work (include work in home)
- My work (include work in home) is fulfilling
- I am able to enjoy life
- I have accepted my illness
- I am sleeping well
- I am enjoying the things I usually do for fun
- I am content with quality of life right now

#### FACT BMT (Raw Score = 33)

- I am concerned about keeping job
- I feel distant from other people
- I worry that the transplant will not work
- Effects worse than imagined
- I have a good appetite
- I like the appearance of my body
- I am able to rest around my house
- I get t
- I am i
- Conc
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- Bothe
- I have
- I have
- I can
- illnes
- Cost

### Instant Real-time survivorship reports:

- Patient ID
- Trend FACIT -Summary scores by date
- Today's test-items with answers
- Patient has concern for items in bold:
- Identified conditions
- Navigating clinic specialties/services
- Referrals
- Community resources

Total Fact-G Raw Score: 72

Tot

### Identified Concerns (in Bold)

Anemia	Anorexia/Weight loss	Anxiety	Cognitive impairment (Chemo brain)
Depression	<b>Fatigue</b>	Lymphedema	Neuropathy
Neutropenia	Thrombocytopenia	Pain	Navigating safely within your home
Sexuality/reproductive concerns	Marital / partner / family relations	Nausea	Diarrhea
Shortness of breath	Cough	Fever	Vomiting

### Referrals

Psychiatry/Counseling	Respiratory Therapy
Dietician	<b>Lymphedema clinic</b>
Smoking cessation	Patient Advocate / Social Services
Physical therapy	Other

### Navigating within our office (Concerns in Bold)

Role of Advanced Practice Nurse	Our Collaborative Nurses	Role of Patient Advocate	Contacting your oncology team during office hours
Scheduling interim appointments	<b>After-Hours calls (24-7)</b>	Prescription refills/wig prescriptions	Role of Patient Advocate
Role of Nurse Navigator			

### Community Resources

American Cancer Society	WWW:Cancer.Org
Minnesota Cancer Alliance	WWW:MNcancerresources.org
Lung Cancer Alliance	WWW:LungCancerAlliance.org
Depression and Bipolar National Cancer Institute	WWW:dbsalliance.org
Other:	WWW:Cancer.gov

Signature \_\_\_\_\_

Date: \_\_\_\_\_

## Cancer Survivorship Programs Include:

Configure visit-specific QOL tools and items of concern	Two Survey Tablets and Unlimited QOL Respondents	HIPAA-compliant web Communication	Web Hosting and Instant data compiling by site	Instant Real-time reports Reprinting online reports Excel data export
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Dupont Linhoff Patient Assessments

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