

Name: _____
ID: 333333333333
Date: 10/27/2006 6:23:46 PM

Sex: Male
Age: 34

Diagnostic Report

Test	Results		Reference Range
	within range	out of range	
Depression		15	0 - 10
Anxiety		16	0 - 10
Panic Disorder		15	0 - 8
PTSD		5	0 - 2
Bulimia	4		0 - 4
Alcohol / Substance Abuse		11	0 - 2
Somatization	9		0 - 11

Notes:

- Patient appears to meet criteria for Dysthymic Disorder (300.4)
- Clinically significant anxiety secondary to depression
- Patient appears to meet criteria for Panic Disorder (300.01)
- Likely Posttraumatic Stress Disorder
- Likely alcohol or substance abuse

- **Recent physical or sexual abuse**

Shedler QPD Panel (v7.0)

ID: 333333333333

Date: 10/27/2006 6:23:46 PM

Depressive Symptoms

- depressed mood, more days than not, 2 years or longer duration
- diminished interest or pleasure in activities
- appetite loss
- insomnia
- agitation
- fatigue, loss of energy
- feelings of worthlessness or guilt
- impaired concentration
- thinks about death

Anxiety Symptoms

- excessive anxiety or worry
- worried about multiple things
- feels unable to stop worrying
- restless, keyed up
- easily fatigued
- difficulty concentrating
- sleep disturbance
- feels helpless and overwhelmed
- frequent cold, clammy hands or feet
- frequent stomach aches
- frequent heart racing or pounding
- frequent dry mouth
- frequent "lump in throat"
- frequently feels out of breath
- frequent sweating
- anxiety causes trembling or shaking

Panic Symptoms

- recurring panic attacks
- attacks occur unexpectedly
- symptoms come on abruptly
- persistent worry about having additional attacks
- has made significant life changes because of attacks

Symptoms accompanying panic attacks include:

- heart racing or palpitations
- sweating
- sensation of shortness of breath or "smothering"
- chest pains
- nausea or abdominal distress
- feeling dizzy, unsteady, or faint
- fear of dying

PTSD Symptoms

- intrusive recollections of traumatic event
- distressing dreams of traumatic event
- relives or has flashbacks of traumatic event
- distress or physiological reactivity when reminded of traumatic event

Physical/Sexual Abuse

The patient has answered 'true' to the following items:

- "In the past month, someone has hit, shoved, punched, kicked, or otherwise physically hurt me."

Substance Abuse

The patient has answered 'true' to the following items:

- I occasionally drink or use "recreational" drugs heavily after a disappointment or quarrel, or after a hard time at work.

- When drinking or taking drugs with others, I sometimes try to have a few extras when others won't notice.

- I sometimes feel a little guilty about my use of alcohol or other drugs.

- I am secretly irritated when my family or friends discuss my use of alcohol or other drugs.

- I sometimes wake up the morning after drinking or using "recreational" drugs, and find I cannot remember things that happened the night before.

- I often find that I want to continue drinking or taking drugs after my friends say they have had enough.

- I often regret things I did or said while I was under the influence of alcohol or drugs.

- I have made promises to myself to cut down on my use of alcohol or other drugs.

- I sometimes have a drink or use "recreational" drugs just after waking up, because it helps me feel better.

- I have started spending more time with friends who drink or use drugs heavily, and less time with friends who do not.

- I have gone to work or attempted to fulfil other obligations (like caring for children) while under the influence of alcohol or drugs

Shedler QPD Panel (v7.0)

ID: 333333333333

Date: 10/27/2006 6:23:46 PM

Trending Report

