

# Vulnerable Elders Survey

Name: \_\_\_\_\_

ID: 12345678

Test Date: 08/22/2008 12:27:02 PM

<b>VES Score = 8</b>	<b>General Health - Fair</b>
Physical Activity Difficulty	2
Physical Condition Difficulty	4

Items	Responses	Rating
<b>1. Age 75</b>		1
<b>Score:</b> 1 Point for Age 75-84, 3 Points for $\geq$ Age 85		
<b>2. General Health</b> In General, compared to other people your age, would you say that your health is	Fair	1
<b>Score:</b> 1 Point for Fair or Poor		
<b>3. Physical Activity</b>		
How much difficulty, on average, do you have with the following physical activities		
<b>Score:</b> 1 Point for each "A lot of difficulty, Unable to do." <b>Maximum of 2 points</b>		
A. Stooping, or crouching or kneeling	Unable To Do	1
B. Lifting, or carrying objects as heavy as 10 pounds	A Lot of Difficulty	1
C. Reaching or extending arms above shoulder level	No Difficulty	
D. Writing, or handling and grasping small objects	Unable To Do	1
E. Walking a quarter of a mile	No Difficulty	
F. Heavy housework such as scrubbing floors or washing windows	Unable To Do	1
<b>4. Physical Condition</b>		
Because of your health or a physical condition, do you have any difficulty		
<b>Score:</b> <u>4 Points</u> for one or more responses, "Do you get help with..., Is that because of your health?"		
A. Shopping for personal items (like toilet items or medications)	Get help with shopping	1
B. Managing money (like keeping track of expenses or paying bills)	No	
C. Walking across the room	Get help with walking	1
D. Doing light housework (Like washing dishes, straightening up, or light cleaning)	Because of your health	1
E. Bathing or showering	Get help with bathing or showering	1

Source: The Vulnerable Elders Survey (VES-13) A tool for Identifying Vulnerable Elders in the Community - 2001 , Saliba, S, Elliott M, Rubenstein LA, solomon DH, et al, Journal of the American Geriatric Society 2001; 49: 1691-9

# Geriatric Depression Scale Report



Name: \_\_\_\_\_

Gender: Female

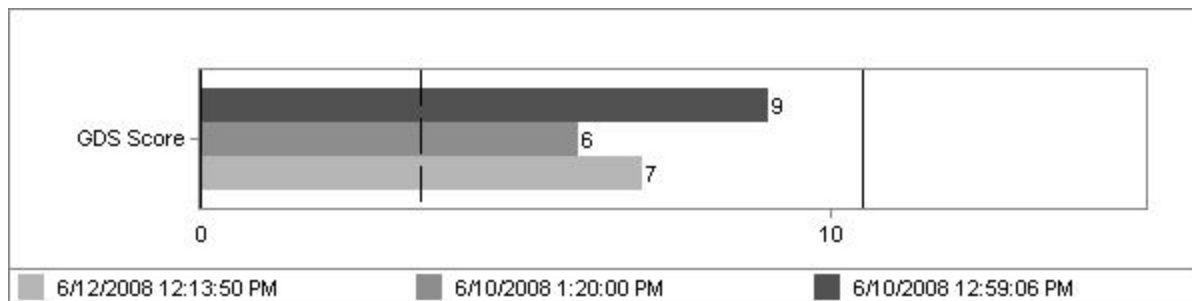
ID Number: P8

Age: 77

Date Tested: 6/12/2008 12:13:50 PM

Reviewed by: \_\_\_\_\_

Mild Depression: This individual's most recent test results indicate Mild Depression.



- |  |     |
|--|-----|
| 1. Are you basically satisfied with your life                                | Yes |
| 2. Have you dropped many of your activities and interests                    | No  |
| 3. Do you feel happy most of the time  | No  |
| 4. Do you prefer to stay at home, rather than going out and doing new things | Yes |
| 5. Do you feel that your life is empty                                       | No  |
| 6. Do you often get bored  | No  |
| 7. Are you in good spirits most of the time                                  | Yes |
| 8. Are you afraid that something bad is going to happen to you               | No  |
| 9. Do you often feel helpless  | No  |
| 10. Do you feel you have more problems with memory than most                 | Yes |
| 11. Do you think it is wonderful to be alive now                             | No  |
| 12. Do you feel pretty worthless the way you are now                         | Yes |
| 13. Do you feel full of energy   | No  |
| 14. Do you feel that your situation is hopeless                              | Yes |
| 15. Do you think that most people are better off than you are                | No  |

Note: Item responses are from the most recent test administration.